



Square in a Square Block



NINA MCVEIGH

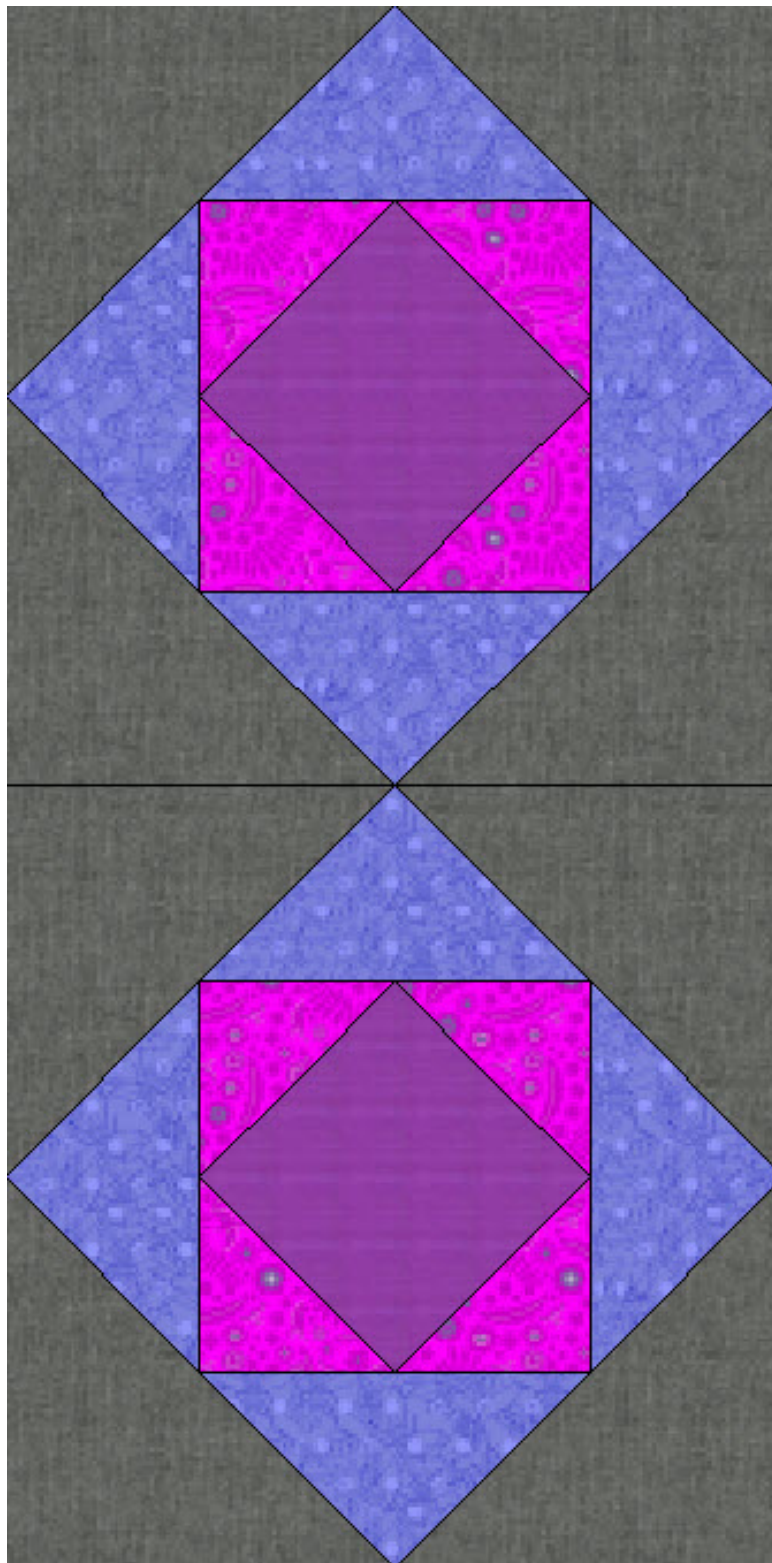
JUNE 5, 2017

I hope that you have enjoyed [BERNINA's Block of the Month Series](#) so far! We are now ready to stitch the 3rd block in the series!

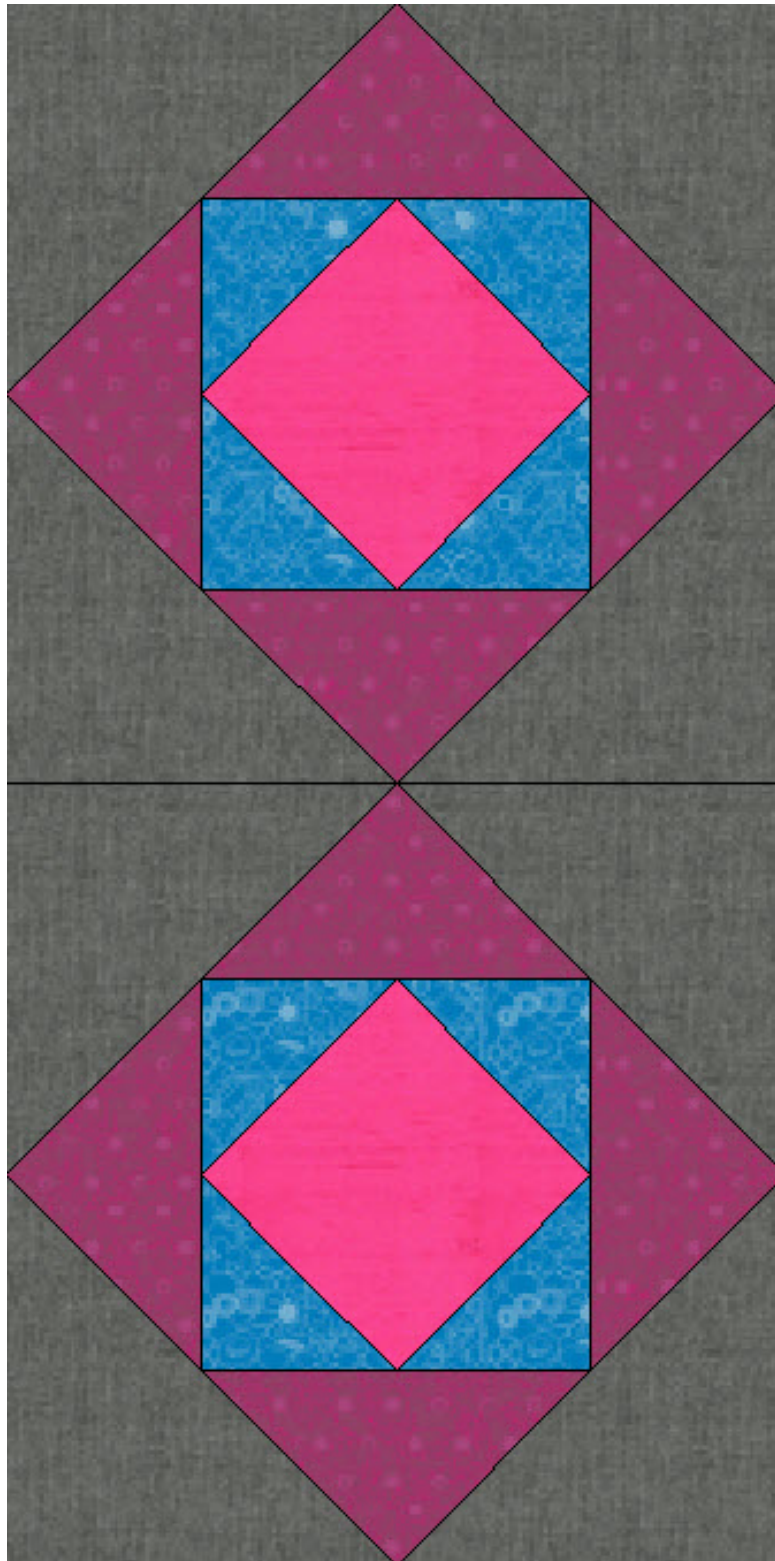
This month you will be making a total of four "Square in a Square" blocks, and then you will be sewing them together in sets of two. You get to choose the fabric to put in the center of the blocks that you will be doing. This will individualize your quilt! Because I love to quilt on silk, I have chosen silk dupioni for my center square. I think it also gives a bit more texture to the quilt block.



Block Set One



Block Set Two



Fabric to Create the Shoofly Block

If you are buying fabric for each block on a monthly basis, you will need four fabrics for each of the two block sets. Three of the fabrics for each block set are listed in the Fabric and Batting list from the first blog post, but the fourth fabric

will be a fabric of your choice! Please see more details about fabric requirements [here](#). You will follow the ***Alternate Cutting Instructions*** below if you are cutting from a kit.

Please also download the [BERNINA Block Party Fabric Chart](#).

If you are using the [Sun Print 2017](#) Andover fabric line by [Alison Glass](#), the specific colors are listed in bold:

Fabric Requirements:

Block Set 1:

Fabric A



Fabric B



Fabric C



Fabric D



Fabric A: Fat quarter of your choice for center (This fabric is not included in kit). I used a pink silk dupioni here.

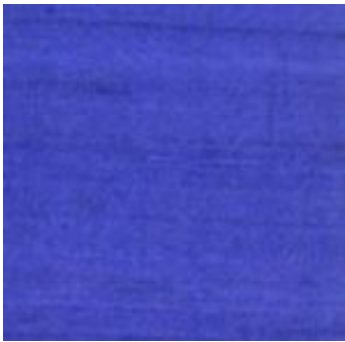
Fabric B Blue, **A-8482-T**, fat quarter

Fabric C Dark Pink, **A-4884-R**, fat quarter

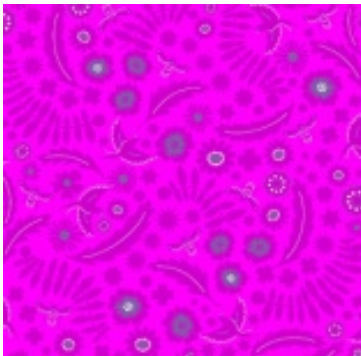
Fabric D Gray, **A-C-Black**, fat quarter (should be same fabric as Fabric D in Block Set 2)

Block Set 2:

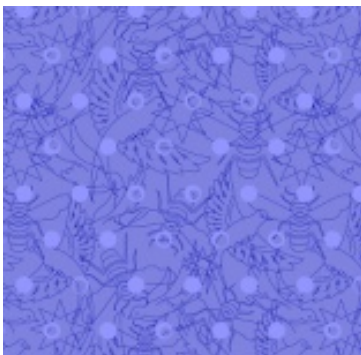
Fabric A



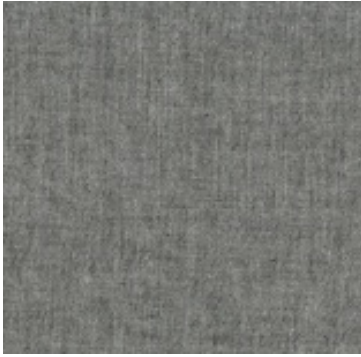
Fabric B



Fabric C



Fabric D



Fabric A: Fat quarter of your choice for center (This fabric is not included in kit). I used a purple silk dupioni here.

Fabric B Pink, **A-8483-P**, fat quarter

Fabric C Purple, **A-8484-B**, fat quarter

Fabric D Gray, **A-C-Black**, fat quarter (should be same fabric as Fabric D in Block Set 2)

Supplies to create the Square in a Square Block:

OESD Fusible Woven (needed if using for center square)

Patchwork Foot [#37/37D](#) or [#57/57D](#) or [#97/97D](#)

[Adjustable Ruler Foot #72](#) (if using a BERNINA Domestic Sewing Machine)

[Ruler Foot #96](#) (if using the Q 20 Sit-down Model)

[BERNINA Ruler Work Kit](#) (if using Q 24 the Q 20 Longarm Machine on a frame) includes Ruler base, Ruler foot #96 and Straight Ruler

BERNINA Straight Quilting Ruler

- Included in [BERNINA Ruler Kit for Sit Down Machines](#) (Domestic Machines and Q 20 Sit-down Model) includes Mini Straight Line Tool, Squiggle Template, Nested Mini Ovals, Nested Mini Circles, Mini 4-in-1)
- Included in the [BERNINA Ruler Work Kit](#)

Quilter's Groove Pro Echo Rulers 6" and 9"

Cutting Instructions:

Fabric A*:

***This is the fabric that you will be choosing. Fabric requirements for this particular fabric are not included in the kit.**

For each Block Set, cut two 6 ½" center squares (I used two pink and two purple silk dupioni squares). If you are using silk, please see *Note before cutting.



* *NOTE:* If you have chosen silk for the center square of your block, you will want to stabilize it before cutting the exact size. I like to use a stabilizer from OESD called Fusible Woven. You can also use Easy Knit, French Fuse or a similar product. For each silk color, cut a 7" X 14" rectangle of the stabilizer and fuse it to the back of the silk following the manufacturer's directions. Then cut your two 6 ½" center squares from each of the two silk colors.



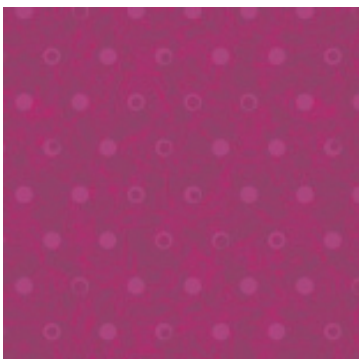
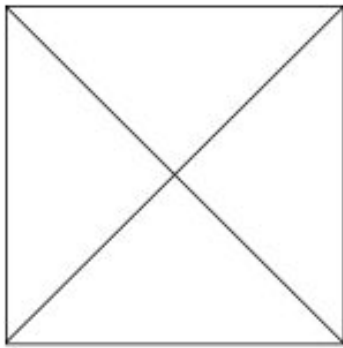
Fabric B:

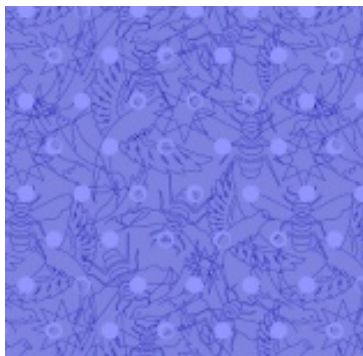
For each Block Set, cut eight 3 ½" squares (8 blue, 8 pink).



**Fabric C:**

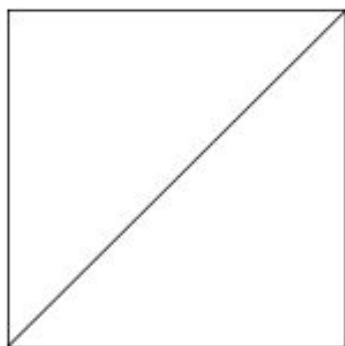
For each block set, cut two 7 ¼" squares (2 Dark Pink, 2 Purple). Cut each of the squares diagonally in both directions as shown. You should have a total of 8 triangles from each color.

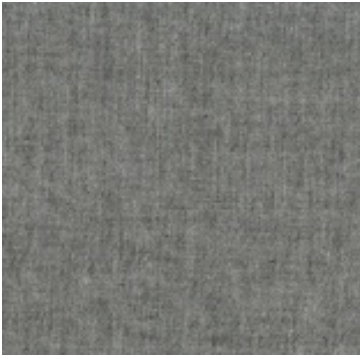




Fabric D (background):

For each Block Set, cut four 6 7/8" squares (Gray). Cut all Fabric D squares in half diagonally to create 8 triangles from each color. *Note: If you have used the same fabric for each Block Set, you will have 16 triangles from this fabric.*





Alternate Cutting Instructions If Cutting From Kit:

Fabric A:

Cut two 6 ½" center squares from two squares of your choice of fabric. (See Fabric A above.)

Fabric B:

Cut two 3 ½" strips from the fat eighth of Fabric B (Block Set 1 — Pink)

Cut a 3 ½" strip from remaining fabric from Block 2 for Fabric B (Block Set 2 — Blue)

Cut eight 3 ½" squares from each of these fabrics

Fabric C:

Cut a 7 ¼" strip of Fabric C (Dark Pink – for Block Set 1) and Fabric C (Purple – for Block Set 2). Both of these fabrics are left from Block 1.

Cut two 7 ¼" squares of each fabric. Cut each of these squares diagonally for 8 triangles (See Fabric C above)

Fabric D:

Cut two 6 7/8" strips from Fabric D.

Cut these strips into eight 6 7/8" squares. Set aside remainder.

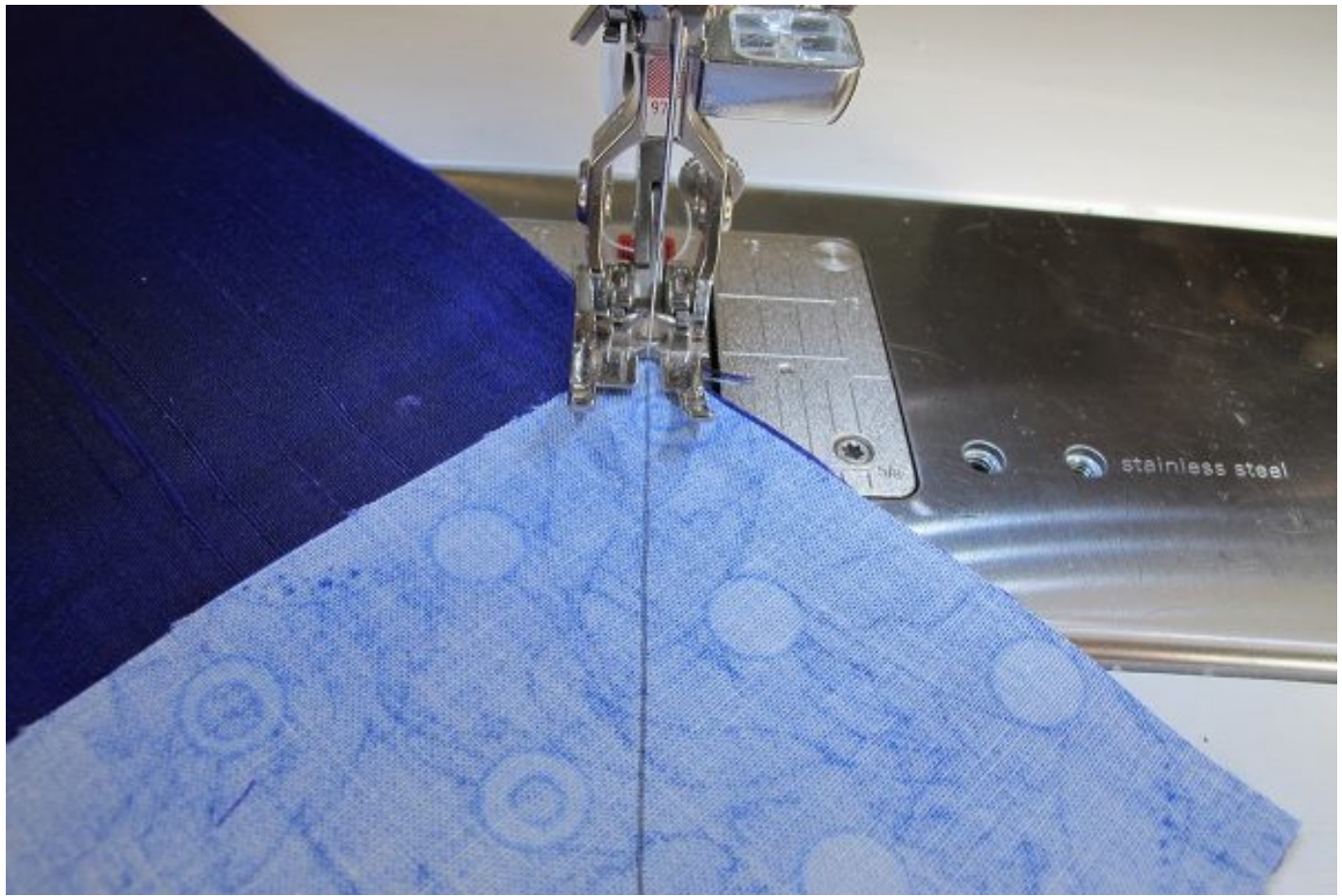
Cut the eight squares diagonally. You should now have 16 triangles. (See Fabric D above.)

Piecing the blocks:

Draw a diagonal line from corner to corner across each of the 3 1/2" squares from Fabric B.



Place the marked squares on each corner of the Fabric A square (your chosen center block) with right sides together. Stitch on the drawn line.

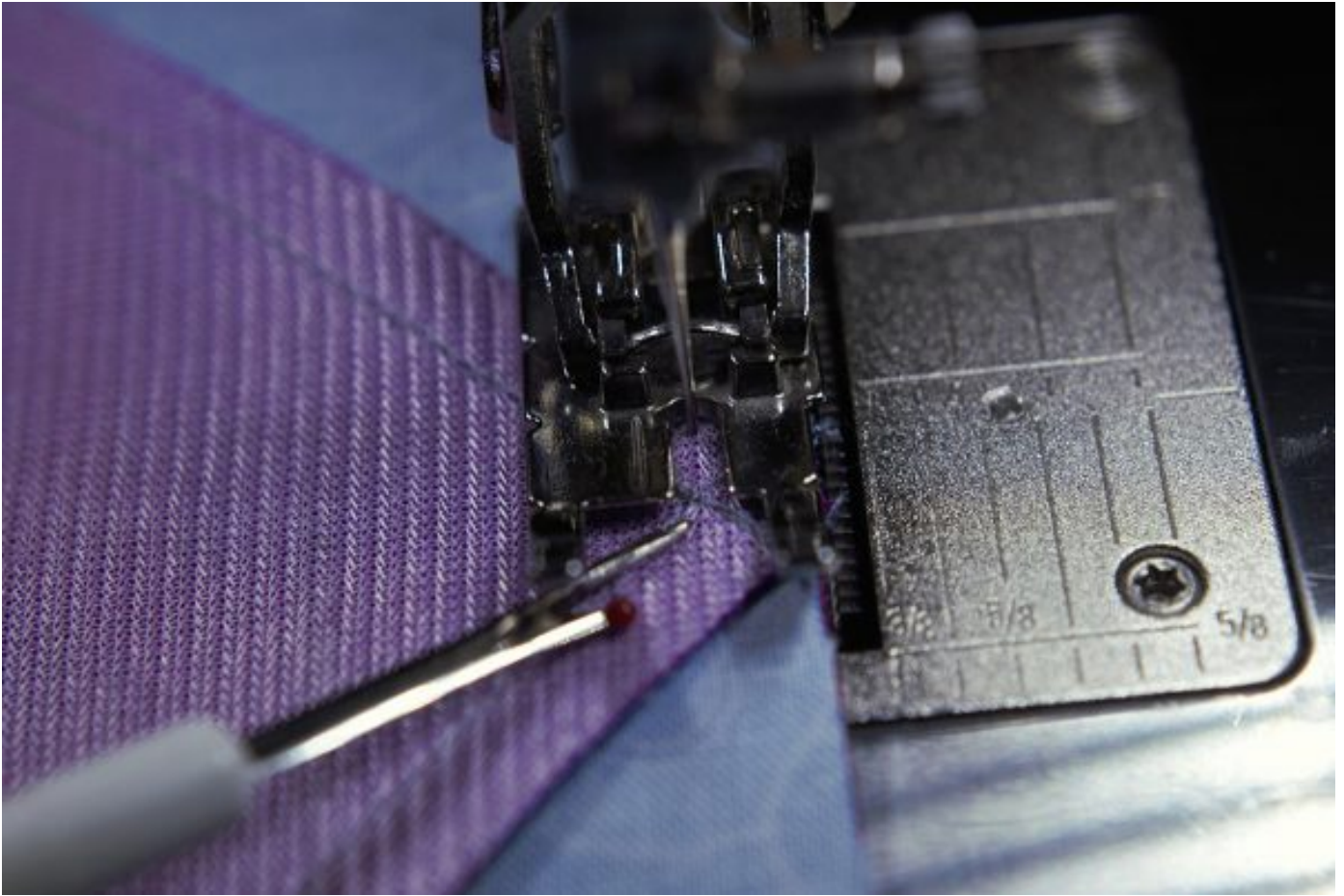


Trim the excess fabric $\frac{1}{4}$ " past the seam.

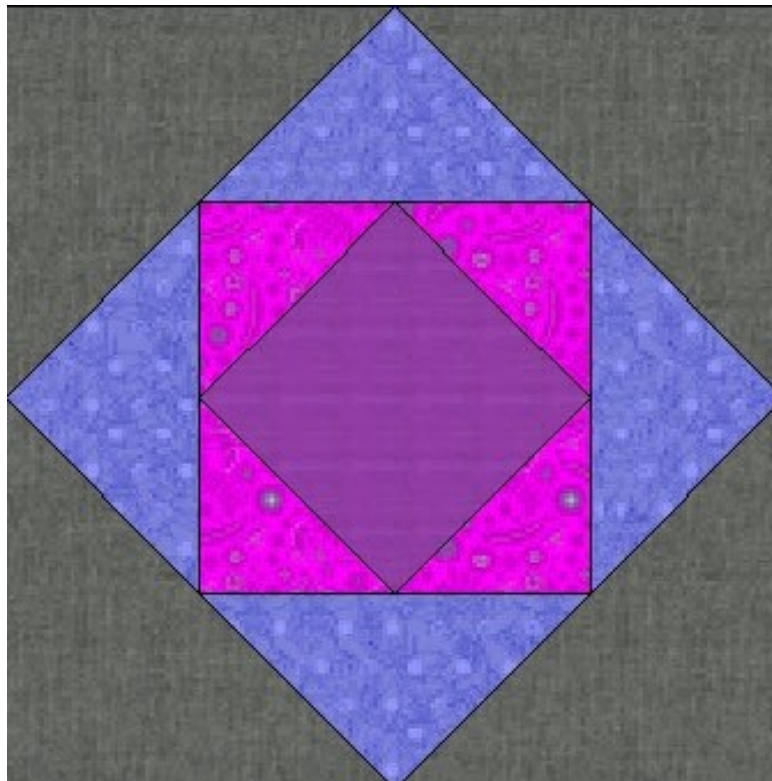


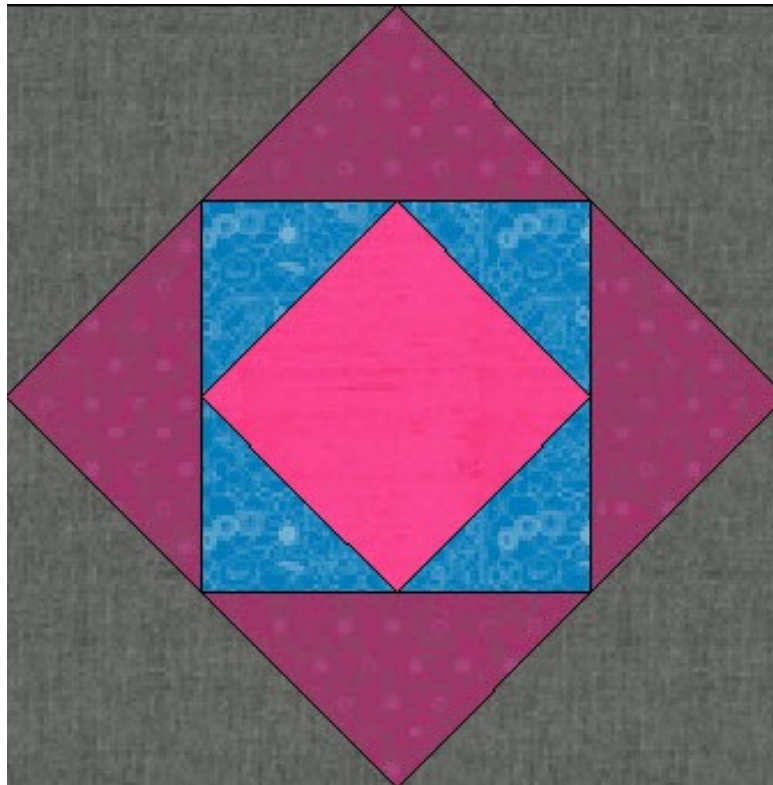
Press the seams away from the center block.

Center one of the Fabric C triangles on one side of center square and stitch. Be sure to pay attention to where the seams from the previous stitching are so that you do not cut off any of the points. The needle should cross at the intersection of the previous seams (where the tip of the seam ripper is pointing). Repeat for all four sides.



Repeat with the same process with the Fabric D triangles to complete the block. Construct two complete blocks from each color group.





Stitch the two like blocks together. You will now have two blocks, each of which will consist of two Square in a Square blocks.

Set aside these two blocks for now if you are going to make the entire quilt. The entire quilt top will be pieced together before the final quilting of the layers is done.

As you may know, each month I give you instructions for a different quilting technique. Experiment with the different techniques, and then when it comes time for the final quilting, you will be ready to decide which quilting technique you like best.

Also, join Denise Jones this month. She has a fabulous project using this block and the techniques in the quilting lesson! Her next project will post on June 17 here on WeAllSew.

Ruler Work Quilting: A Quilting Lesson